

May 2010 Overlake Terrace - Independent & Assisted Living Activities

Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday

 <p>Happy Birthday</p> <p>5/3 Marge Murphy 5/4 Stanley Beaver 5/6 Bernice Casey 5/7 Una Loy Farrer 5/12 David Douglass</p> <p>5/19 Annie Hutchison's 5/20 Arthur Brisson 5/21 Gloria Miller 5/22 Rhetta Aaseth 5/25 Veron Daniels</p> <p>5/30 George Davies</p>				<p>QUEEN FOR A DAY</p> 				<p>May Day</p> <p>9:30 Get Fit- Stretch (G) 10:00 Bingo (AR) 1:30 Giant Crossword Puzzle (LB) 1:30 Pool Sharks(3rd Floor) 2:30 May Day Social 6:30 Bridge Movies Times: 1:30 and 7:15</p>																					
<p>2</p> <p>9:30 Get Fit- Balance (G) 10:00 Morning Worship W/Hilve (KW) 11:00 Mom's Collections of Treasures (LB) 1:30 Bingo (AR) 2:30 Cold Treat Social 3:00 May Day Walk About Movie Shown 1:30 and 7:15 (TH)</p>	<p>3</p> <p>9:30 Get Fit- Cardio (G) 10:00 Creative Craft /Clings (AR) 10:15 Traveling Library 1:30 Scrabble (AR) 1:30 Shop Safeway 2:00 Courtyard Gardening 2:00 Catholic Communion (TH) 2:30 Sports Social w/Beer & Pretzels Movies Times: 1:30 & 7:15 (TH)</p>	<p>4</p> <p>9:30 Get Fit- Dance (G) 10:00 Brain Fitness (AR) 11:30 Choir Practice W/Pat (TH) 1:30 World Tour-England /Cooking (AR) 1:30 Bridge (T) 1:30 Pool Sharks (3rd Floor) 2:30 Trivia & Tea Social 3:00 Rummy Cube (LB) 6:30 Hymns with Shui (LB) Movies Times: 1:30 & 7:15 (TH)</p>	<p>5</p> <p>Cinco de Mayo</p> <p>9:30 Get Fit- Weights (G) 10:00 Current Events (TH) 10:30 Word Challenges (TH) 11:00 Bus Trip- El Mexican Food 2:30 Jokes & Rootbeer Floats Social Movies Times: 1:30 and 7:15 (TH)</p>	<p>6</p> <p>9:30 Get Fit- Stretch (G) 10:00 Brain Fitness (GYM) 11:00- 1:30 Royal Pampering For Mom (AR) 1:30 - Music W/Larissa 2:30 Reminisce & Popcorn Social 3:00 Rummy Cube (LB) Movies Times: 1:30 and 7:15</p>	<p>7</p> <p>9:30 Get Fit- Resistance (G) 10:00 Current Events (TH) 10:30 Trivia (TH) 1:30 Drive- Alki Beach 1:30 Let's Play Taboo (AR) 2:30 Wine & Cheese Social 3:30 Visit with Sophie Dog Movies Times: 1:30 and 7:15</p>	<p>8</p> <p>9:30 Get Fit- Stretch (G) 10:00 Bingo (AR) 12:30 Explore Thirtf Store W/ Cheryl 1:30 Pool Sharks(3rd Floor) 2:30 Cookie Social 6:30 Bridge Movies Times: 1:30 and 7:15</p>	<p>9</p> <p>Mother's Day</p> <p>9:30 Get Fit- Balance (G) 10:00 Morning Worship W/ Cheryl 10:30-1:30 Mother's Day Brunch Music with Ariel Thomas 1:30 Bingo (AR) 2:30 Cold Treat Social 3:00 May Day Walk About Movie Shown 1:30 and 7:15 (TH)</p>	<p>10</p> <p>9:30 Get Fit- Cardio (G) 10:00 Current Events (TH) 10:30 Trivia (TH) 1:30 Scrabble (AR) 1:30 Shop Fred Meyer 2:00 Courtyard Gardening 2:00 Catholic Communion (TH) 2:30 Sports Social w/Beer & Pretzels Movie Shown 1:30 and 7:15 (TH)</p>	<p>11</p> <p>9:30 Get Fit- Dance (G) 10:00 Brain Fitness (AR) 11:15 ST Louise Luncheon 1:30 World Tour- England (AR) 1:30 Pool Sharks (3rd Floor) 1:30 Bridge (T) 2:30 St. Luke's Choir (LB) 2:30 Trivia & Tea Social 3:00 Rummy Cube (LB) 6:30 Hymns with Shui (LB) Movies Times: 1:30 & 7:15 (TH)</p>	<p>12</p> <p>9:30 Get Fit- Weights (G) 10:00 Bus Trip- Emerald Downs Race Track 10:00 Current Events (TH) 10:30 Food Forum W/Elio (TH) 1:30 Old Time Fiddlers (LB) 2:30 Jokes & Rootbeer Floats Social Movies Times: 1:30 and 7:15 (TH)</p>	<p>13</p> <p>9:30 Get Fit- Stretch (G) 10:00 Brain Fitness (AR) 11:30 Music Enrichment (TH) 2:00 Sing Along W/ Pat (LB) 2:30 Reminisce & Popcorn Social 3:00 Rummy Cube (LB) Movies Times: 1:30 and 7:15</p>	<p>14</p> <p>9:30 Get Fit- Resistance (G) 11:00 Bus Trip- Picnic, Kenmore and Rhododendron Garden 1:30 Let's Play Taboo (AR) 2:30 Wine & Cheese Social 3:30 Visit with Sophie Dog Movies Times: 1:30 and 7:15</p>	<p>15</p> <p>9:30 Get Fit- Stretch (G) 10:00 Bingo (AR) 10:00 International Student Visit 1:30 World Tour- High Tea (TH) 1:30 Pool Sharks(3rd Floor) 2:30 Cookie Social 6:30 Bridge Movies Times: 1:30 and 7:15</p>	<p>16</p> <p>9:30 Get Fit- Balance (G) 10:00 Morning Worship 10:30 -1:30 Sunday Brunch 1:30 Bingo (AR) 2:30 Cold Treat Social 3:00 May Day Walk About Movie Shown 1:30 and 7:15 (TH)</p>	<p>17</p> <p>9:30 Get Fit- Cardio (G) 10:00 Creative Craft /Clings (AR) 1:30 Scrabble (AR) 1:30 Shop Top Foods 2:00 Courtyard Gardening 2:00 Catholic Communion (TH) 2:30 Sports Social w/Beer & Pretzels Movie Shown 1:30 and 7:15 (TH)</p>	<p>18</p> <p>9:30 Get Fit- Dance (G) 10:00 Brain Fitness (AR) 11:30 Choir Practice W/Pat (TH) 1:30 Pool Sharks (3rd Fl) 1:30 Bridge (T) 1:30 Big Band Dance (AR) 2:30 Trivia & Tea Social 3:00 Rummy Cube (LB) 6:30 Hymns with Shui (LB) Movies Times: 1:30 & 7:15 (TH)</p>	<p>19</p> <p>9:00 Breakfast W/ Ernie IHOP 9:30 Get Fit- Weights (G) 10:00 Town Hall Meeting W/ Soher 1:15 Bus Trip- Organ Concert at Redmond Senior Center 2:30 Jokes & Rootbeer Floats Social Movies Times: 1:30 and 7:15 (TH)</p>	<p>20</p> <p>9:30 Get Fit- Stretch (G) 10:00 Brain Fitness (AR) 2:00 Redmond Senior Chorus (LB) 2:30 Reminisce & Popcorn Social 3:00 Rummy Cube (LB) Movies Times: 1:30 and 7:15</p>	<p>21</p> <p>9:30 Get Fit- Resistance (G) 10:00 Current Events (TH) 10:30 Trivia (TH) 1:30 Drive- May Valley Rd 1:30 Let's Play Taboo (AR) 2:30 Wine & Cheese Social 3:30 Visit with Sophie Dog Movies Times: 1:30 and 7:15</p>	<p>22</p> <p>9:30 Get Fit- Cardio (G) 10:00 Bingo (AR) 1:30 Giant Crossword Puzzle (LB) 1:00 Village Theatre 1:30 Pool Sharks(3rd Floor) 2:30 Cookie Social 3:00 Let's play Taboo (LB) 6:30 Bridge Movies Times: 1:30 and 7:15</p>	<p>23</p> <p>9:30 Get Fit- Balance (G) 10:00 Morning Worship 10:30 -1:30 Sunday Brunch 1:30 Bingo (AR) 2:00 Spring Concert W/ Pat (LB) 2:30 Cold Treat Social 3:00 May Day Walk About Movie Shown 1:30 and 7:15 (TH)</p>	<p>24</p> <p>9:30 Get Fit- Cardio (G) 10:00 Creative Craft /Clings (AR) 1:30 Scrabble (AR) 1:30 Shop Safeway 2:00 Courtyard Gardening 2:00 Catholic Communion (TH) 2:30 Sports Social w/Beer & Pretzels Movie Shown 1:30 and 7:15 (TH)</p>	<p>25</p> <p>9:30 Get Fit- Dance (G) 10:00 Brain Fitness (AR) 1:30 Pool Sharks (3rd Floor) 1:30 Bridge (T) 2:30 Trivia & Tea Social 3:00 Rummy Cube (LB) 6:30 Hymns with Shui (LB) Movies Times: 1:30 & 7:15 (TH)</p>	<p>26</p> <p>9:00 Casino Trip/ Tulalip 9:30 Get Fit- Weights (G) 11:00 Bus Trip- British Pantry 10:00 Current Events (TH) 10:30 Word Challenges (TH) 1:30 Calendar Crew (AR) 2:30 Jokes & Rootbeer Floats Social Movies Times: 1:30 and 7:15 (TH)</p>	<p>27</p> <p>9:30 Get Fit- Stretch (G) 10:00 Brain Fitness (AR) 11:30 Music Enrichment (TH) 1:30 Music W/ Larissa (LB) 2:30 Reminisce & Popcorn Social 3:00 Rummy Cube (LB) Movies Times: 1:30 and 7:15</p>	<p>28</p> <p>9:30 Get Fit- Resistance (G) 10:00 Current Events (TH) 10:30 Trivia (TH) 1:30 Bus Trip- Dance Redmond Senior Center 1:30 Let's Play Taboo (AR) 2:30 Wine & Cheese Social 3:30 Visit with Sophie Dog Movies Times: 1:30 and 7:15</p>	<p>29</p> <p>9:30 Get Fit- Cardio (G) 10:00 Bingo (AR) 1:30 Giant Crossword Puzzle (LB) 1:30 Pool Sharks(3rd Floor) 2:30 Cookie Social 3:00 Let's play Taboo (LB) 6:30 Bridge Movies Times: 1:30 and 7:15</p>	<p>30</p> <p>9:30 Get Fit- Balance (G) 10:00 Morning Worship 10:30 -1:30 Sunday Brunch 1:30 Bingo (AR) 2:30 Cold Treat Social 3:00 May Day Walk About Movie Shown 1:30 and 7:15 (TH)</p>	<p>31</p> <p>Memorial Day</p> <p>9:30 Get Fit- Cardio (G) 10:00 Creative Craft /Clings (AR) 1:30 Scrabble (AR) 1:30 Memorial Tribute (LB) 2:00 Catholic Communion (TH) 2:30 Sports Social w/Beer & Pretzels Movie Shown 1:30 and 7:15 (TH)</p>

Symbol	Room	Floor
AR	Activity	3
TH	Theatre	3
LB	Library	2
DR	Dining	2
B	Café	2
TR	Tea Rm	2
G	Gym	3

Schedule is subject to change.

Services

Meal Times

Breakfast	7:00-9:00
Lunch 1	11:00-12:00
Lunch 2	12:30-1:30
Dinner 1	4:00-5:00
Dinner 2	5:30-6:30
Sunday Brunch	From 10:30 - 1:30

Holiday's or Special Event
See Front Desk

Transportation
Medical
Appointments (Local)
Tuesday & Thursday

Please schedule with
Nursing Staff

Salon
Hair Care
Manicures
Pedicures

Hours:
Monday—Friday
9:00 to 5:00

**Overlake
Village Shop**

Hours: Daily
11:00 - 2:30

Sunday

Monday








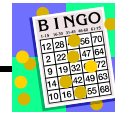







Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
 <h2>Happy Birthday</h2> <p>5/5 Sally Mc Glynn 5/11 Janice Trip 5/11 Donna McCarthy</p>												<p>May Day 1</p> <p>10:00 Sit 'n Fit (2 groups) 10:30 Bingo/Tactile/Aroma 1:30 Movie/Newspaper 1:30 One on One 2:30 Sensory Therapy 3:00 May Day Social 4:00 World Box of the Day 6:30 TV Time: Romance</p>	
<p>2</p> <p>9:30 Sit 'n Fit (2 groups) 10:00 Morning Worship/ Hilve (KW) 11:00 Mom's Collections of Treasures (LB) 11:00 Play Ball and Play Cards 1:30 Garden/Walking/Singing 1:30 One on One 2:00 Music with Igor 3:00 Jokes & Rootbeer Floats Social 4:00 Inspirational Box of the Day</p>		<p>3</p> <p>10:00 Sit 'n Fit (2 groups) 10:30 Mystery Ride with Michael 10:30 Memory/Matching/Games 1:30 Bingo 1:30 One on One 2:00 Catholic Communion (TH) 2:30 Brain Fitness 3:00 Coffee, Tea and Me Social 4:00 Memory Box of the Day 6:30 TV Time: Game Shows</p> 		<p>4</p> <p>10:00 Sit & Fit (2 groups) 10:30 Reminisce/Current Events/Puzzles 11:30 Choir Rehearsal - TH 1:30 One on One 2:00 Show N Tell 2:30 Sing-a-long with Pat 3:00 Travel Social 4:00 World Tour Box of the Day 6:30 TV Time- Honeymooner's</p>		<p>5</p> <p>Cinco De Mayo </p> <p>10:00 Sit 'n Fit 10:30 May Day Walking Club 10:30 Folding/Sort/Office 1:30 Baking with Anna & Olive 1:30 One on One 2:30 Practical Living 3:00 Recipes & Baking Sample Social 4:00 Homemaking Box of the Day 6:30 TV Time: Westerns</p>		<p>6</p> <p>9:30 Sit 'n Fit (2 groups) 10:30 Arts/Playdo/Crafts 10:30 Arts & Crafts w/ Cherlyn 1:30 One on One 1:30 Music W/ Larissa (LB) 2:30 A Day in Time 3:00 Wacky Fruit Social 4:00 Art Box of the Day 6:30 TV Time: The Lucy Show</p>		<p>7</p> <p>10:00 Sit 'n Fit (2 groups) 10:30 Bus Trip- Taco Bell 10:30 Lotion/Makeup/Hair 1:30 One on One 1:30 Sports Center 2:30 Pamper Me Silly 3:00 Deli Delight Social 3:30 Visit with Sophie Dog 4:00 Game Box of the Day 6:30 TV Time: Musicals</p> 		<p>8</p> <p>10:00 Sit 'n Fit (2 groups) 10:30 Bingo/Tactile/Aroma 1:30 Movie/Newspaper 1:30 One on One 2:00 Mother's Tea 3:00 Cookie Social 4:00 Reminiscing Box of the Day 6:30 TV Time: Romance</p> 	
<p>Happy Mother's Day 9</p> <p>9:30 Sit 'n Fit (2 groups) 10:00 Morning Worship / 11:00 Play Ball and Play Cards 1:30 Garden/Walking/Singing 1:30 One on One 3:00 Jokes & Rootbeer Floats Social 4:00 Inspirational Box of the Day 6:30 TV Time: Mystery Detective</p> 		<p>10</p> <p>10:00 Sit 'n Fit (2 groups) 10:30 Mystery Ride with Michael 10:30 Memory/Matching/Games 1:30 Bingo 1:30 One on One 2:00 Catholic Communion (TH) 2:30 Brain Fitness 3:00 Coffee, Tea and Me Social 4:00 Memory Box of the Day 6:30 TV Time: Game Shows</p>		<p>11</p> <p>10:00 Sit & Fit (2 groups) 10:30 Reminisce/Current Events/Puzzles 11:15 ST Louise Luncheon 1:30 One on One 2:00 Show N Tell 2:30 St. Luke's Choir (LB) 3:00 Travel Social 4:00 World Tour Box of the Day 6:30 TV Time- Honeymooner's</p> 		<p>12</p> <p>10:00 Sit 'n Fit (2 groups) 10:30 May Day Walking Club 10:30 Folding/Sort/Office 1:30 Old Time Fiddlers (LB) 1:30 One on One 2:30 Practical Living 3:00 Recipes & Baking Sample Social 4:00 Homemaking Box of the Day 6:30 TV Time: Westerns</p> 		<p>13</p> <p>10:00 Sit 'n Fit (2 groups) 10:30 Arts/Playdo/Crafts 10:30 Arts & Crafts w/ Cherlyn 1:30 One on One 1:30 Knitwits 2:00 Sing Along W/ Pat (LB) 3:00 Wacky Fruit Social 4:00 Art Box of the Day 6:30 TV Time: The Lucy Show</p>		<p>14</p> <p>10:00 Sit 'n Fit (2 groups) 10:30 Drive- May Valley Rd 10:30 Lotion/Makeup/Hair 1:30 One on One 1:30 Sports Center 2:30 Pamper Me Silly 3:00 Deli Delight Social 3:30 Visit with Sophie Dog 4:00 Game Box of the Day 6:30 TV Time: Musicals</p> 		<p>15</p> <p>10:00 Sit 'n Fit (2 groups) 10:00 International Students Visits 10:30 Bingo/Tactile/Aroma 1:30 Movie/Newspaper 1:30 World Tour- High Tea (TH) 1:30 One on One 2:30 Sensory Therapy - Gardening 3:00 Cookie Social 4:00 Reminiscing Box of the Day 6:30 TV Time: Romance</p>	
<p>16</p> <p>9:30 Sit 'n Fit (2 groups) 10:00 Morning Worship 11:00 Bus Trip- Lunch Bunch Outing 11:00 Play Ball and Play Cards 1:30 Garden/Walking/Singing 1:30 One on One 2:00 Music with Igor 3:00 Jokes & Rootbeer Floats Social 4:00 Inspirational Box of the Day 6:30 TV Time: Mystery Detective</p> 		<p>17</p> <p>10:00 Sit 'n Fit (2 groups) 10:30 Mystery Ride with Michael 10:30 Memory/Matching/Games 1:30 Bingo 1:30 One on One 2:00 Catholic Communion (TH) 2:30 Brain Fitness 3:00 Coffee, Tea and Me Social 4:00 Memory Box of the Day 6:30 TV Time: Game Shows</p>		<p>18</p> <p>10:00 Sit & Fit (2 groups) 10:30 Music w/Rae Anne 10:30 Reminisce/Current Events/Puzzles 1:30 One on One 1:30 Big Band Dance 3:00 Travel Social 4:00 World Tour Box of the Day 6:30 TV Time- Honeymooner's</p>		<p>19</p> <p>10:00 Sit 'n Fit (2 groups) 10:30 May Day Walking Club 10:30 Folding/Sort/Office 1:30 Baking with Anna & Olive 1:30 One on One 2:30 Practical Living 3:00 Recipes & Baking Sample Social 4:00 Homemaking Box of the Day 6:30 TV Time: Westerns</p>		<p>20</p> <p>10:00 Sit 'n Fit (2 groups) 10:30 Arts/Playdo/Crafts 10:30 Arts & Crafts w/ Cherlyn 1:30 One on One 2:30 KW General Store 2:30 A Day in Time 3:00 Wacky Fruit Social 4:00 Art Box of the Day 6:30 TV Time: The Lucy Show</p> 		<p>21</p> <p>10:00 Sit 'n Fit (2 groups) 10:30 Bus Trip- Coffee & Doughnuts 10:30 Lotion/Makeup/Hair 1:30 One on One 1:30 Sports Center 2:30 Pamper Me Silly 3:00 Deli Delight Social 3:30 Visit with Sophie Dog 4:00 Game Box of the Day 6:30 TV Time: Musicals</p>		<p>22</p> <p>10:00 Sit 'n Fit (2 groups) 10:30 Bingo/Tactile/Aroma 1:30 Movie/Newspaper 1:30 One on One 2:30 Sensory Therapy 3:00 Cookie Social 4:00 Reminiscing Box of the Day 6:30 TV Time: Romance</p>	
<p>23/30</p> <p>9:30 Sit 'n Fit (2 groups) 10:00 Morning Worship W/ Pat 11:00 Play Ball and Play Cards 1:30 Garden/Walking/Singing 1:30 One on One 2:00 Spring Concert W/Pat 3:00 Jokes & Rootbeer Floats Social 4:00 Inspirational Box of the Day 6:30 TV Time: Mystery Detective</p>		<p>24/31</p> <p>10:00 Sit 'n Fit (2 groups) 10:30 Mystery Ride with Michael 10:30 Memory/Matching/Games 1:30 Bingo 1:30 One on One 2:00 Catholic Communion (TH) 2:30 Brain Fitness 3:00 Coffee, Tea and Me Social 4:00 Memory Box of the Day 6:30 TV Time: Game Shows</p> 		<p>25</p> <p>10:00 Sit & Fit (2 groups) 10:30 Reminisce/Current Events/Puzzles 1:30 One on One 1:30 Show N Tell 2:30 Sing-a-long with Pat 3:00 Travel Social 4:00 Reminiscing Box of the Day 4:00 World Tour Box of the Day 6:30 TV Time- Honeymooner's</p>		<p>26</p> <p>10:00 Sit 'n Fit (2 groups) 10:30 May Day Walking Club 10:30 Folding/Sort/Office 1:30 Baking with Anna & Olive 1:30 One on One 2:30 Practical Living 3:00 Recipes & Baking Sample Social 4:00 Homemaking Box of the Day 6:30 TV Time: Westerns</p>		<p>27</p> <p>10:00 Sit 'n Fit (2 groups) 10:30 Arts/Playdo/Crafts 10:30 Arts & Crafts w/ Cherlyn 1:30 One on One 1:30 Knitwits 1:30 Music W/ Larissa (LB) 3:00 Wacky Fruit Social 4:00 Art Box of the Day 6:30 TV Time: The Lucy Show</p>		<p>28</p> <p>10:00 Sit 'n Fit (2 groups) 10:30 Drive- Alki Beach 10:30 Lotion/Makeup/Hair 1:30 One on One 1:30 Sports Center 2:30 Pamper Me Silly 3:00 Deli Delight Social 3:30 Visit with Sophie Dog 4:00 Game Box of the Day 6:30 TV Time: Musicals</p>		<p>29</p> <p>10:00 Sit 'n Fit (2 groups) 10:30 Bingo/Tactile/Aroma 1:30 Movie/Newspaper 1:30 One on One 2:30 Sensory Therapy - Gardening 3:00 Cookie Social 4:00 Reminiscing Box of the Day 6:30 TV Time: Romance</p>	